

Community Resources for Heart Health

Washington D.C.

Click the underlined words to access each resource.

Transportation



o Seabury Connector

- Free non-emergency medical transportation services
- Available to all DC Medicaid recipients and all DC residents over the age of 60, regardless of their insurance status.

Educational Resources



o Virtual Red Bags of Courage

Emotional Support

- o HeartSisters Online Virtual Support Group
- o Inspire Online Community

Community Health Centers



o Community of Hope

- Medical care for all: including refugees, those experiencing homelessness, and all immigration statuses
- Access to a care coordinator

o La Clinica Del Pueblo

- Culturally appropriate health services, particularly for the Latinx and immigrant communities
- Services available regardless of ability to pay
- Primary care, cardiovascular disease management, and more
- Health education, emphasizing culturally tailored education and holistic support to address key risk factors.

o Bread for the City

- Provides food, clothing, legal services, social services, and medical care to residents of DC with a focus on race and poverty and building power.
- Clinic has worked with uninsured and low-income residents of DC for decades.

Insurance



o DC Health Link Navigators

- Free, in-person Navigators help provide fair and impartial information about health and dental insurance to DC residents
- Help with questions regarding DC Health Link (the DC Insurance Marketplace), completing applications and requests for financial assistance
- Service available in multiple languages

o Metro Health

- Primary care and preventive services including physical exams, medical care, behavioral health, chronic disease management, prescription assistance, outreach, and insurance enrollment assistance
- Also provides case management, psychosocial supportive service, treatment adherence, food-bank services, and patient navigation services.

IMPORTANT NOTE : Federally Qualified Health Centers, like these ones, are committed to providing care to everyone - regardless of their ability to pay, insurance status, or immigration status. Your information is safe and confidential.



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