

WomenHeart Champion Application 2023

This is the full application questionnaire for the 2023 Science & Leadership Symposium. If you would like to apply, you must submit your application through our [application portal](#).

Eligibility Questions

1. I verify that:
 - I am a woman living with heart disease
 - I am at least six months from my most recent, significant heart event
 - I am both emotionally and physically ready to serve as a women's heart health advocate

Application Questionnaire

1. Personal Information:
 - Name
 - Date of birth
 - Age at diagnosis
2. Contact Information:
 - Email address
 - Home phone
 - Mobile
 - Address
 - State
 - City
 - ZIP/Postal code
3. WomenHeart Champions have the opportunity to participate in activities, both virtually and in person. Are you most interested in engaging virtually or in person?
 - Virtually
 - In person
 - Unsure
4. All WomenHeart Champions will be trained to participate in a variety of opportunities. For the purpose of understanding applicant preferences and ensuring we provide all the necessary resources, please select the activities you are most interested in: [checkboxes]
 - Providing 1:1 peer support
 - Coordinating a support network
 - Providing community education
 - Conducting outreach
 - Engaging in advocacy activities
 - Public speaking opportunities at conferences and presentations
 - Media engagement
5. Are you interested in being a co-coordinator for an existing WomenHeart Support Network?
 - Yes
 - No

If yes, please provide the name of the Support Network you are requesting to co-lead if known.

6. Were you referred to WomenHeart by a National Hospital Alliance Member?
 - Yes
 - No

If you selected yes, please select the WomenHeart National Hospital (NHA) member that referred

you from the options below.

- Boca Raton Regional Hospital - Boca Raton, FL
- Chandler Regional Medical Center - Chandler, AZ
- Columbia Memorial Hospital - Astoria, OR
- Cottage Health – Santa Barbara, CA
- El Camino Hospital – Mountain View, CA
- Katz Institute for Women's Health - Long Island, NY
- Lenox Hill Hospital - Long Island, NY
- Maimonides Medical Center - Brooklyn, NY
- Main Line Health Lankenau Medical Center – Wynnewood, PA
- Mayo Clinic - Rochester, MN
- Mercy Gilbert Medical Center - Gilbert, AZ
- Miami Cardiac & Vascular Institute - Miami, FL
- Morristown Medical Center - Morristown, NJ
- NYU Langone Hospital – Long Island, NY
- Temple University Hospital - Philadelphia, PA
- Texas Heart Institute - Houston, TX
- The Christ Hospital – Cincinnati, OH
- University of Alabama Birmingham Hospital - Birmingham, AL
- University of Florida Health Shands Hospital - Gainesville, FL
- University of Kansas Hospital - Kansas City, KS

7. Cardiac diagnosis:

- Angina
- Aortic Aneurysm
- Arrhythmia
- Atherosclerosis
- Atrial Fibrillation
- Broken Heart Syndrome
- Congenital Heart Disease
- Cardiomyopathy
- Coronary Artery Disease
- Congestive Heart Failure
- Endocarditis
- General Heart Valve Problems
- Microvascular Disease
- Myocardial Infarction (heart attack)
- Pericarditis
- Pulmonary Hypertension
- Peripheral Arterial Disease
- Stroke
- Spontaneous Coronary Artery Dissection (SCAD)
- Sudden Cardiac Arrest
- Ventricular Tachycardia
- Other (please specify)

8. How would you say your current health status is as of today?

- Excellent
- Good
- Fair
- Poor
- Unknown

9. Are you currently receiving care and treatment for heart disease?

- Yes
- No

10. Tell us your heart disease story. Describe the circumstances in which you were diagnosed with

heart disease, how you currently manage your heart disease, and the care and support you are currently receiving for your heart condition.

11. Have you ever attended a cardiac or another type of support group?

- Yes
- No

If yes, did you find it helpful? What did you like most about the experience?

12. How connected do you feel to your community? (e.g., familiar with the resources, organizations, etc. in your surrounding area)

- Very connected
- Somewhat connected
- Not at all connected

13. Do you currently or have you previously had experience volunteering or supporting civic, volunteer, or faith-based organizations?

- Yes
- No

If yes, please list any civic, volunteer, or faith-based organizations you are a member of: for example, a church group, women's organization, or Rotary Club. Please also describe how you are currently involved. Include the type of activities and how often you are involved (daily, weekly, monthly, etc.)

Are you currently volunteering with another organization whose main focus is on heart disease?

- Yes
- No

List any heart organization(s) you are involved with (for example, Mended Hearts, AHA, Women's Heart Alliance, etc.). Please also describe your role and length of service.

14. Do you feel comfortable with the idea of serving as a public speaker?

- Yes
- No

15. Do you have any public speaking experience?

- Yes
- No

If you do, please describe.

16. Have you ever organized or led discussions with groups of people?

- Yes
- No

If you have, please describe.

17. What appeals to you about becoming a WomenHeart Champion and serving your community? Tell us more about what motivated you to apply.

18. What experiences make you a good candidate for the program? Tell us about your unique life, education, volunteer, and/or employment experience. How will these experiences help you be effective in your role as a WomenHeart Champion?

19. List the support and connections you have in your community below and describe how you will leverage these to strengthen your support network and/or community education work as a WomenHeart Champion (e.g., cardiologists, cardiac rehab nurses, health ministries, community organizations, etc.)
20. Please rate your experience level with the following technology-related activities.
- Communicating via email
 - Uploading documents from your computer
 - Accessing and downloading files from a USB flash drive
 - Working with a PowerPoint presentation
 - Utilizing virtual meeting platforms (i.e., Zoom)
21. Do you have regular access to a computer with internet connection?
- Yes
 - No
22. Are you on the following social media platforms?
- Facebook
 - Twitter
 - Instagram
 - LinkedIn
23. Would you be interested in attending the in-person Science and Leadership Symposium in the fall of 2023?

Demographics

24. Please specify your ethnic or cultural background.
- White or Caucasian
 - Black or African American
 - Hispanic or Latina
 - Asian or Asian American
 - American Indian or Alaska Native
 - Native Hawaiian or other Pacific Islander
 - Prefer not to answer
 - Other
25. Select your primary language.
- English
 - Spanish
 - Other
- If you selected other, please specify.
26. Please enter any other languages you speak, if any, along with your level of proficiency.
27. What is the highest level of education you have completed or the highest degree you have received?
- Less than high school
 - High school diploma or equivalent
 - Some college, no degree
 - Associate's degree
 - Bachelor's degree
 - Master's degree

- Doctoral or professional degree
- Prefer not to answer

28. Which of the following categories best describes your employment status?

- Employed, working full-time
- Employed, working part-time
- Not employed, looking for work
- Not employed, not looking for work
- Retired
- Unable to work
- Prefer not to answer

29. What is your total household income? This question is required to be considered to receive a travel scholarship.

- Between \$30,000 and \$49,999
- Between \$50,000 and \$74,999
- Between \$75,000 and \$99,999
- Between \$100,000 and \$150,000
- Over \$150,000
- Prefer not to answer

30. Are you interested in applying for a travel scholarship? If you are applying for the virtual symposium, please select "Not applicable."

- Yes
- No
- Not applicable, I am applying to the virtual symposium

Personal References

31. Personal reference #1

Name:
Relationship:
Country:
Email Address:
Phone Number:

32. Personal reference #2

Name:
Relationship:
Country:
Email Address:
Phone Number:

Terms & Conditions

If accepted to the WomenHeart Science & Leadership Symposium, I agree to the following:

- Attend the WomenHeart Science & Leadership Symposium in its entirety. I understand that I will be responsible for viewing all pre-recorded sessions and attending any required live sessions.
- Complete the following required preparation prior to the Science & Leadership Symposium:
 - Take a survey that allows WomenHeart to assess my knowledge prior to receiving training as a WomenHeart Champion

- Watch and complete quizzes for all WomenHeart pre-symposium webinars.
- Read and respond to WomenHeart emails in a timely manner (within 72 hours) regarding updates prior to the Science & Leadership Symposium.
- Commit to a minimum of two years of active volunteer service as a WomenHeart Champion.

End of Application