VIRTUAL EVENT
WEDNESDAY, JULY 21, 2021
7 PM ET
LaPrincess C. Brewer, M.D.
ASSISTANT PROFESSOR OF MEDICINE, MAYO CLINIC
Excellence in Medical Research

Excellence in Medical Innovation
CardioNerds
Being accepted by co-founders Amit Goyal, M.D. and Daniel Ambinder, M.D.

Excellence in Patient Advocacy
Alliance for Aging Research
Being accepted by President and CEO Sue Peschin, M.H.S. and Vice President Lindsay Clarke, J.D.
WELCOME + INTRODUCTIONS
Roxanne Watson | WomenHeart Champion

Celina Gorre | CEO, WomenHeart

Robin Olson | WomenHeart Champion + WomenHeart Board Member

2021 WENGER AWARD WINNERS + KEYNOTE
Courtney Jordan Baechler, M.D. | WomenHeart Board Member

LaPrincess C. Brewer, M.D. | Excellence in Medical Research Award Winner
Assistant Professor of Medicine, Mayo Clinic

Nanette Wenger, M.D. | Emory Heart and Vascular Center

CardioNerds | Excellence in Medical Innovation Award Winner
Amit Goyal, M.D., Co-Founder & Daniel Ambinder, M.D., Co-Founder accepting

Janine Austin Clayton, M.D.
Keynote Address | Director, NIH Office of Research on Women’s Health

Alliance for Aging Research | Excellence in Patient Advocacy
Sue Peschin, M.H.S., President and CEO & Lindsay Clarke, J.D., VP accepting

RECOGNIZING AND HONORING OUR CHAMPIONS
Sharonne N. Hayes, M.D. | Professor, Founder of Women’s Heart Clinic, Mayo Clinic

PROGRAM CONCLUSION
Celina Gorre | CEO, WomenHeart
SPONSORS

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GOLD

AMGEN  Esperion Therapeutics

BRONZE

Abbott
THANK YOU FOR YOUR SUPPORT

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Alliance for Aging Research
Association of Black Cardiologists
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Heart Failure Society of America

HOST COMMITTEE
Phyllis Blaunstein
Francis Craig
Sharonne N. Hayes, M.D.
Elinor Shin
Marie Warshauer
In 2006, while at work, Roxanne Watson felt a sharp twinge in her side. Weeks later, the pain drove her to seek medical attention in an emergency room where she learned that six weeks earlier she had suffered a “silent heart attack.” It was the beginning of a four-year journey that included countless hospitalizations and procedures, and she spent two years on the transplant waiting list.

The perfect match came on July 16, 2010. United States Coast Guard (E3 Fireman) Michael Blain Bovill, a registered organ donor, passed away suddenly in a motorcycle accident. Roxanne’s first opportunity to meet Michael’s family was when they all appeared on the Oprah Winfrey Show. Today, she continues to share a special bond with his family.

Watson is a prolific organ donor advocate, and as of 2020 had registered over 11,000 people into transplant registries. She attended the Science & Leadership Symposium and became a WomenHeart Champion in 2015, and she has been an active Community Educator since then.

Roxanne is a guest contributor on HuffPost. She received special recognition in 2018 from the New York State Senate. In 2017 she was a featured guest on George to the Rescue Show and is the 2016 recipient of the Folio: Eddie & Ozzie Award for her in-depth article, “What a Silent Heart Attack Sounds Like.”
Celina Gorre is the Chief Executive Officer of WomenHeart: The National Coalition for Women with Heart Disease, based in Washington, D.C. Formerly, she was the founding Executive Director of the Global Alliance for Chronic Diseases, based at the Wellcome Trust in London, UK. There, she headed up the international Secretariat of the alliance of fifteen of the world’s largest research funders focused on implementation research of chronic diseases in low- and middle-income countries, with a total investment of over US$ 250M. From 2009-2011, Celina was the founding Managing Director of the Foundation for the UN Global Compact where she led the team and developed the processes for the private sector to systematically fund the UNGC, and created the overall structure of the New York-based 501(c)3. From 2007-2009, Celina was in the field with UNFPA and UNICEF in Angola as a Senior HIV/AIDS Advisor, advising the government of Angola on its HIV strategy, child survival and nutrition programmes, and oil and gas companies on their social and community investments.

Celina has had extensive experience at the intersection of corporate responsibility and global health, developing health and social programmes for multinational companies. She was the Technical Manager for the Global Business Coalition on HIV/AIDS, Tuberculosis and Malaria from 2005-2007, where she supported multinational corporations on their strategy implementation for employees, consumers, and communities. Celina has also held in-house corporate responsibility positions, leading global training for Gap Inc.’s Social Responsibility department, and conducting factory audits for Mattel Inc. Celina holds an MPH from UCLA and an MPA from the Harvard Kennedy School.
Robin Olson recently retired from a long career as a Respiratory Therapist. Before retiring, her career spanned time throughout Pennsylvania at Brandywine Hospital, Montgomery Hospital, Pottstown Memorial Medical Cener and more. She is a member of the National Board of Respiratory Care, American Association of Respiratory Care and the American Heart Association.

Olson attended the WomenHeart Science & Leadership Symposium and became a WomenHeart Champion in 2015, seven years after experiencing a heart attack at age 46. She has served as District Leader of the Mid-Atlantic area, and she has run two different support groups for women with heart disease in Philadelphia. She was elected to the WomenHeart Board of Directors in 2021.

She is married to an amazing wife and has one son. Olson lives in Downingtown, PA.
COURTNEY JORDAN BAECHLER, M.D.
WOMENHEART BOARD MEMBER

Medical Director, Emerging Science Centers, Minneapolis Heart Institute Foundation

Courtney Jordan Baechler attended the University of Minnesota, where she earned a bachelor’s degree in mathematics, a medical degree from the School of Medicine, and a master’s degree in epidemiology and public policy from the School of Public Health. She completed the National Institute of Health Physician Scientist track. Academic focus is primary and secondary prevention of chronic disease. She is a board-certified internist and cardiologist, focusing on the prevention of heart disease and behavioral change that supports overall wellbeing.

Dr. Jordan Baechler serves as medical director of the emerging science centers at the Minneapolis Heart Institute Foundation focusing on the women’s science center and the prevention center. Previous roles include an appointment as assistant commissioner for the Minnesota Department of Health. Prior to that she served as Vice President of the Penny George Institute for Health and Healing, Allina Health’s prevention, wellness, and clinical service line. She served as a consultant to the Statewide Health Improvement Plan for the clinical work group in Minneapolis. She has been one of the authors of the Healthy Lifestyle Guideline for the Institute for Clinical Systems Improvement serves on the MN Department of Health Prevention of Cardiovascular and Stroke Committee. Leadership roles have included general board member for the YMCA of the greater Twin Cities, board member for Cycle Health, and a policy advocate for the American Heart Association of MN as well as co-chair of the Twin Cities Go Red campaign. She is passionate about helping individuals, families, and communities to find their highest state of wellbeing—body, mind, and spirit.
Dr. LaPrincess Brewer is a cardiologist and Assistant Professor of Medicine within the Mayo Clinic Department of Cardiovascular Medicine in Rochester, MN. She is the first African-American woman cardiologist on the Mayo Clinic Rochester staff. She earned her MD at the George Washington University School of Medicine, her MPH from the Johns Hopkins Bloomberg School of Public Health and her BS, magna cum laude in Chemical Engineering from Howard University. She completed Internal Medicine residency training at Johns Hopkins University and clinical fellowships in Cardiovascular Diseases and Preventive Cardiology at Mayo Clinic. Her primary research focus is addressing cardiovascular health disparities through community-based behavioral interventions for cardiovascular disease risk factor modification in racial/ethnic minority populations, particularly African-American women. She has published extensively on racial differences in weight maintenance among women and psychosocial factors influencing obesity and overall cardiovascular health. She has also implemented innovative strategies to increase participation of African-American women and racial/ethnic minority groups in clinical trials and medical research. She also has enjoyed serving as volunteer faculty for the annual WomenHeart Champions Science & Leadership Symposium at Mayo Clinic.

She was awarded awards including the American Heart Association-Harold Amos Medical Faculty Development Program Award, NIH Building Interdisciplinary Research Careers in Women’s Health (BIRCWH) Scholar Award and the NIH KL2 Mentored Career Development Award to expand her work as a clinical investigator. She is currently principal investigator of the FAITH! (Fostering African-American Improvement in Total Health) trial, a cardiovascular health promotion intervention in partnership with African-American churches. Her research and community engagement initiatives have been recognized by a number of prestigious awards including the 2017 MN Chapter American College of Physicians Volunteerism Award, 2019 Nutrition Obesity Research Center at Harvard (NORCH) Diversity Scholar by Harvard Medical School, the 2019 First Place Young Investigator Award by the American Society of Preventive Cardiology and an inaugural NIH Rising star. Her work has been featured in ESSENCE, CBS, PBS, CNN and the Huffington Post. She is an active member of the Academy of Women’s Health, National Medical Association, American Heart Association, American College of Cardiology and the Association of Black Cardiologists, Inc. and serves on several committees.
NANETTE KASS WENGER, M.D.
EMORY HEART AND VASCULAR CENTER

Professor of Medicine in the Division of Cardiology at the Emory University School of Medicine and a Consultant to the Emory Heart and Vascular Center.

Nanette Kass Wenger, M.D., MACP, FACC, FAHA, is a pioneer of the study of cardiovascular disease in women. Dr. Wenger was among the first physicians to focus on coronary heart disease in women and to evaluate the different risk factors and features of the condition in women and men. She also was one of the first physician-scientists to speak out about the under-representation of women in research studies and clinical trials.

Dr. Wenger graduated from Hunter College in New York in 1951 and received her medical degree from Harvard Medical School in 1954, where she one of only 10 women out of a class of 120. She had her residency training in Internal Medicine and Cardiology fellowship at the Mount Sinai Hospital in New York City and additional Fellowship in Cardiology at the Emory University School of Medicine.

Dr. Wenger’s legacy includes dozens of awards and recognitions, including being named one of Time magazine’s “Women of the Year” in 1976. She received the American Medical Women’s Association’s (AMWA) Woman in Science President’s Award in 1993 and the Elizabeth Blackwell Award, AMWA’s highest award, in 2000. She was named the American Heart Association’s Physician of the Year in 1998 and received the James D. Bruce Memorial Award of the American College of Physicians in 2000 for her distinguished contributions in preventative medicine. She is listed in Best Doctors in America and is contributor to the Real Women’s Guide to Heart Health. She has served on over 500 committees, scientific advisory boards, task forces, and councils of the American Medical Association, the American College of Cardiology, the American Heart Association, the National Heart, Lung, and Blood Institute, the Society of Geriatric Cardiology, and Emory University.
CARDIO NERDS
Excellence in Medical Innovation

CardioNerds is a fellow founded platform that aims to democratize cardiovascular education, promote diversity and inclusion, provide mentorship and sponsorship, and invigorate a love for cardiovascular medicine and science. Learn more about the Cardionerds podcast, academy, Twitter journal clubs, educational info graphics and tweetorials, medical journalism programs and scholarship opportunities at cardionerds.com.
AMIT GOYAL, M.D.  
CO-FOUNDER, CARDIONERDS

Dr. Amit Goyal (@AmitGoyalMD) is an interventional cardiology fellow at the Cleveland Clinic. With a passion for medical education, he co-founded CardioNerds along with Dr. Daniel Ambinder. In this capacity, he designed the CardioNerds Academy, Narratives in Cardiology, Medical Journalism, and Scholarship programs. He completed his medical school and obtained a Master’s Degree in Clinical Research at the University of California, San Diego and went on to enjoy internal medicine residency training in the Osler Program at Johns Hopkins University, where he served as the Assistant Chief of Service. He trained in general cardiology at the Cleveland Clinic where he remained for interventional cardiology fellowship. He has served as the Educational Editorial Fellow as member of the ACC FIT Editorial Board and Associate Editorial Team Lead for ACC.org’s Pericardial Section. He relishes time with friends and family including with his wife Riddhi and three sons Dhruv, Aarav, and Atharv.

DANIEL AMBINDER, M.D.  
CO-FOUNDER, CARDIONERDS

Daniel Ambinder, MD @Dr_DanMD is an interventional/structural cardiology fellow at the Johns Hopkins Hospital. With a passion for medical education, he co-founded CardioNerds with Dr. Amit Goyal. In this capacity, he designed and maintains the CardioNerds website, helped established the CardioNerds Academy, Narratives in Cardiology, Medical Journalism, and Scholarship programs. He is an assistant social media editor for Circulation @circAHA and co-created and maintains @hopkinsheart. He received his medical degree from the University of Maryland School of Medicine and completed residency in the Osler Program at Johns Hopkins Hospital where he also completed his general cardiology fellowship. Clinical and research interests include resuscitation of cardiac arrest, mechanical circulatory support, coronary and structural heart disease.
Janine Austin Clayton, M.D., Associate Director for Research on Women’s Health and Director of the Office of Research on Women’s Health (ORWH) at the National Institutes of Health (NIH), is the architect of the NIH policy requiring scientists to consider sex as a biological variable across the research spectrum. This policy is part of NIH’s initiative to enhance reproducibility through rigor and transparency. As co-chair of the NIH Working Group on Women in Biomedical Careers with NIH Director Dr. Francis Collins, Dr. Clayton also leads NIH’s efforts to advance women in science careers. In 2021, Dr. Clayton was elected to the Board of Directors of the American Association for the Advancement of Science (AAAS).

Prior to joining the ORWH, Dr. Clayton was the Deputy Clinical Director of the National Eye Institute (NEI) for seven years. A board-certified ophthalmologist, Dr. Clayton’s research interests include autoimmune ocular diseases and the role of sex and gender in health and disease. She is the author of more than 120 scientific publications, journal articles, and book chapters.

Dr. Clayton, a native Washingtonian, received her undergraduate degree with honors from Johns Hopkins University and her medical degree from Howard University College of Medicine. She completed a residency in ophthalmology at the Medical College of Virginia. Dr. Clayton completed fellowship training in cornea and external disease at the Wilmer Eye Institute at Johns Hopkins Hospital and in uveitis and ocular immunology at NEI.

Dr. Clayton has received numerous awards, including the Senior Achievement Award from the Board of Trustees of the American Academy of Ophthalmology in 2008 and the European Uveitis Patient Interest Association Clinical Uveitis Research Award in 2010. She was selected as a 2010 Silver Fellow by the Association for Research in Vision and Ophthalmology. In 2015, she was awarded the American Medical Women’s Association Lila A. Wallis Women’s Health Award and the Wenger Award for Excellence in Public Service. Dr. Clayton was granted the Bernadine Healy Award for Visionary Leadership in Women’s Health in 2016. She was also selected as an honoree for the Woman’s Day Red Dress Awards and the American Medical Association’s Dr. Nathan Davis Awards for Outstanding Government Service in 2017.
The Alliance for Aging Research is the leading nonprofit organization dedicated to accelerating the pace of scientific discoveries and their application to vastly improve the universal human experience of aging and health. The Alliance believes advances in research help people live longer, happier, more productive lives and reduce healthcare costs over the long term.

For more than 30 years, the Alliance has guided efforts to substantially increase funding and focus for aging at the National Institutes of Health and Food and Drug Administration; built influential coalitions to guide groundbreaking regulatory improvements for age-related diseases; and created award-winning, high-impact educational materials to improve the health and well-being of older adults and their family caregivers.
Susan Peschlin, MHS, is president and CEO at the Alliance for Aging Research, the leading national non-profit organization dedicated to accelerating the pace of scientific discoveries and their application to improve the experience of aging and health. Since 2012, Ms. Peschlin has been a driving force in the growth and success of the organization. As a thought leader on many aging-related issues, she has led the Alliance in efforts to: boost older adult immunization rates; increase NIH Alzheimer’s disease and aging research funding; raise awareness of geriatric cardiac issues; develop Talk NERDY to Me (NERDY-Nurturing Engagement in Research and Development with You), a PCORI-funded, older patient and family caregiver research engagement network; address costs of healthcare and value frameworks; and reform Medicare treatment access issues. She participates in major industry and policy symposiums around the country each year and has published opinion pieces in news outlets nationwide. Ms. Peschlin currently serves on the Boards of Heart Valve Voice U.S. and the King Farm Neighbors Village; and as an advisor to the ARCH Committee for Advancement of Respite Research, the United States Pharmacopeia Council of Convention, and the University of Maryland Claude D. Pepper Older Americans Independence Center Community Advisory Board. Ms. Peschlin earned a B.A. in Sociology from Brandeis University, and a M.H.S. degree in Health Policy from the Johns Hopkins University Bloomberg School of Public Health.

Lindsay Clarke is the Vice President of Health Education and Advocacy at the Alliance for Aging Research. As Vice President, Lindsay oversees the Alliance’s educational and advocacy initiatives and campaigns that focus on diseases and conditions that disproportionately impact older Americans. Lindsay produces a wide variety of resources including brochures, films, websites, tip sheets, workshops, surveys, and traditional and social media campaigns that educate and empower patients, caregivers, and healthcare professionals. Lindsay also works closely with the Alliance’s public policy team on issues of access, research, and awareness. Additionally, as a member of the Alliance’s senior team, Lindsay is closely involved in the strategic planning and execution of the Alliance’s mission and goals.

Prior to joining the Alliance more than 15 years ago, Lindsay was an attorney in Chicago and worked for Chicago-Kent College of Law as director of institutional projects. In that capacity she oversaw projects related to the institutional progress of the school, conducted extensive research and legal analysis, and produced key reports and proposals.

Lindsay holds a Bachelor of Science degree from the University of Michigan, with a concentration in biology; and a Juris Doctor degree from Chicago-Kent College of Law.
Dr. Sharonne N. Hayes is Professor of Medicine and Cardiovascular Diseases at Mayo Clinic in Rochester, MN. She founded and maintains an active clinical practice in the Women’s Heart Clinic and serves as Mayo Clinic’s Director of Diversity and Inclusion. She has long advocated for the advancement of women’s health and sex-based medicine and has led numerous initiatives to enhance the professional and personal development and mentorship of women physicians and scientists.

Dr. Hayes is a nationally recognized educator and speaker on women’s health and cardiovascular issues and helped develop the NHLBI’s Heart Truth (“Red Dress”) campaign. She serves on the Scientific Advisory Council for WomenHeart: The National Coalition for Women with Heart Disease with whom she coordinates the annual Science & Leadership Symposium for Women with Heart Disease. Previously she served on WomenHeart’s Board of Directors.

Her research interests include sex and gender-based cardiology, cardiovascular conditions primarily affecting women, spontaneous coronary artery dissection (SCAD), fibromuscular dysplasia, health equity, and the utility and optimal role of social media in clinical practice, medical research and health education. Dr. Hayes is a Fellow of the American College of Cardiology and American Heart Association and a member of the Association of Black Cardiologists. She received her medical degree from Northwestern University in Chicago and pursued fellowships in Internal Medicine, Cardiovascular Research, and Cardiovascular Diseases at Mayo Clinic in Rochester, MN.
The 21st Annual Wenger Awards, named after Nanette Kass Wenger, M.D., a pioneer in women’s cardiology, is the only national, annual event that recognizes extraordinary contributions of individuals and organizations to women’s heart health. The Wenger Awards is attended by the nation’s most influential and esteemed individuals in cardiac and women’s health, science, medical research, advocacy, business, the media, and government.
IN MEMORIAM*

*AS OF 7/19/2021

Carol Bradley
1953 - 2021

Jodi Bradley
1974 - 2021

Marilyn Deak
1940 - 2021

Sheila Gesher
1944 - 2021

Marianne Lawrence
1948 - 2020

Phyllis Mackison
1947 - 2020

Sheila Mudd
1943 - 2020

Connie Newlon
1957 - 2021
The mission of the Scientific Advisory Council is to provide medical and scientific leadership and guidance to help advance the mission of WomenHeart by proactively facilitating the development of new knowledge about heart disease in women, actively disseminating knowledge about heart disease in women to medical and public audiences, and advocating and raising awareness about heart disease in women.

**MEMBERS**

**Eileen Hsich, M.D. - Chair**  
Associate Medical Director for Heart Transplant, Cleveland Clinic

**Theresa M. Beckie, Ph.D., RN, FAHA**  
Professor, College of Nursing & Division of Cardiovascular Sciences, University of South Florida

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Consulting Cardiologist, MedStar  
Cardiology Associates, LLC  
MedStar Heart and Vascular Institute  
MedStar Washington Hospital Center

**Kathy Berra, MSN, ANP, FAHA, FPCNA, FAAN**  
Cardiovascular Nurse Practitioner  
Cardiovascular Medicine and Coronary Interventions Director, The LifeCare Company

**Nieca Goldberg, M.D.**  
Director, NYU Women’s Heart Program  
Clinical Associate, Professor of Medicine  
Joan H. Tisch Center for Women’s Health

**Martha Gulati, M.D., MS, FACC, FAHA**  
Division Chief of Cardiology  
Physician Executive Director, The University of Arizona College of Medicine

**Sharonne N. Hayes, M.D., FACC, FAHA**  
Professor, Cardiovascular Diseases Founder, Women’s Heart Clinic  
Mayo Clinic

**Alexandra Lansky, M.D.**  
Professor of Medicine  
Section of Cardiovascular Medicine  
Director, Heart and Vascular Clinical Research Program, Yale University School of Medicine  
Honorary Reader, University College London

**Alanna Morris, M.D.**  
Assistant Professor of Medicine  
Division of Cardiology  
Emory University School of Medicine

**Jeanne Poole, M.D.**  
Professor, Medicine  
Director, Arrhythmia Service and Electrophysiology Laboratory; Attending Physician, University of Washington Medical Center

**Stacey E. Rosen, M.D., FACC, FACP, FAHA**  
Associate Professor of Cardiology  
Vice President of Women’s Health  
The Katz Institute for Women’s Health  
Northwell Health

**Amparo Villalba, M.D.**  
Frances Lazda Endowed Chair in Women’s Cardiovascular Medicine; Professor of Cardiovascular Medicine; Director, Women’s Cardiovascular Medicine Program University of California, Davis

**Annabelle Santos Volgman, M.D., FACC, FAHA**  
McMullan-Eybel Chair of Excellence in Clinical Cardiology, Professor of Medicine, Rush College of Medicine; Medical Director, Rush Heart Center for Women, Rush University Medical Center

**Mary Norine Walsh, M.D.**  
Medical Director, Heart Failure and Cardiac Transplantation  
St. Vincent Heart Center of Indiana

**Karol E. Watson, M.D., Ph.D., FACC**  
Professor of Medicine/Cardiology  
Co-director, UCLA Program in Preventive Cardiology  
Director, UCLA Barbra Streisand Women’s Heart Health Program

**Nanette Kass Wenger, M.D., MACC, MACP, FAHA**  
Professor of Medicine (Cardiology) Emeritus Emory University School of Medicine  
Consultant Emory Heart and Vascular Center

**Susan Wood, Ph.D.**  
Associate Professor Department of Health Policy and Management; Director, Jacobs Institute of Women’s Health, The George Washington University  
Milken Institute School of Public Health Emeritus Members
Comprising of hospitals committed to advancing women’s heart health, the WomenHeart National Hospital Alliance (NHA) is a partnership that seeks to ensure that women heart disease patients in every community have access to information, education, and patient support services.

Boca Raton Regional Hospital—Christine E. Lynn Women’s Health & Wellness Institute
Columbia Memorial Hospital
Chandler Regional Medical Center (Dignity Health)
Katz Institute for Women’s Health
Lenox Hill Hospital
Maimonides Medical Center, Heart & Vascular Institute
Mayo Clinic
Mercy Gilbert Medical Center (Dignity Health)
Miami Cardiac & Vascular Institute
Morristown Medical Center
NYU Langone Hospital – Long Island
Rochester Regional Health
Temple Health, Heart & Vascular Institute
Texas Heart Institute
University of Alabama Birmingham
University of Florida Health, Heart & Vascular Hospital
Each of these valued partnerships allows WomenHeart to reach hundreds of thousands of women through a variety of programs, services and educational marketing opportunities. WomenHeart thanks its partners for their commitment to our mission of improving the health and health care of women living with and at-risk for heart disease. Contact us to become a partner and make an impact on the leading cause of death of American women.