Who is WomenHeart?
The leading voice for the 48 million American women living with or at risk for heart disease.

Why is WomenHeart so important?

- Heart disease kills more women than all cancers – combined.
- Heart disease is increasing in women ages 35-54.
- 1 in 4 US women will die of heart disease.
- Awareness remains low among women, particularly among women of color.
- Women are less likely to receive optimal treatment.
- Women are underrepresented in clinical trials.

What is Heart Disease?
Conditions involving narrowed or blocked blood vessels that can lead to heart attack, chest pain, or stroke.

Heart Disease is the #1 cause of death of women.
How does WomenHeart make a difference?

Our work is focused directly on the interventions of knowledge, awareness and community and has immediate outcomes.

We train women living with or at risk of heart disease to be advocates and act as network for peer support.

Women who get support from peers and mentors reportedly do better in recovery.

We address the need to support women for better health outcomes - addressing mis-diagnosis, fear and isolation.

Did you know 80% of heart disease is preventable?

By joining the WomenHeart Board of Directors, you will contribute to better outcomes for women affected by heart disease and alter the trajectory of women’s healthcare.

❤️ Raise funds to support the education of women against their number-one killer.

❤️ Engage your network and other key audiences to expand the WomenHeart community through meaningful information-sharing.

❤️ Contribute your talents to further strengthen and ensure the long term sustainability of WomenHeart.

Board Contributions

Fundraising

Strategic Guidance

Diversity & Inclusion

Governance

Growth & Innovation

Partnership Facilitation

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