



FOR IMMEDIATE RELEASE

Morristown Medical Center To Open Women's Heart Resource Center

Facebook Live and Reception Planned for 2/22 at 12pm

FEBRUARY 11, 2019, Morristown, NJ – Atlantic Health System's Morristown Medical Center, rated one of the top 20 cardiology programs in the nation by U.S. News & World Report, and WomenHeart, the first and only national organization solely devoted to supporting women living with heart disease, will be opening the Women's Heart Resource Center on February 22, National Heart Valve Disease Awareness Day.

Backed by WomenHeart's network of *WomenHeart Champions* the Women's Heart Resource Center will offer women resources to manage their cardiac issues, access to the latest literature and research materials, and support groups. In addition to live support groups, the resource center offers technology so women can connect to the meetings from the comfort of their homes.

A Facebook Live to answer questions about heart disease and women featuring Dr. Claire Boccia Liang, director of the Women's Heart Program at Morristown Medical Center, is planned for February 22 at 12pm EST on the WomenHeart and Morristown Medical Center Facebook pages.

"Heart disease is the number one cause of death for women in the United States, and while there has been considerable progress over the past decades to educate women on ways to reduce their risk and better manage cardiac disease, there is still an incredible amount of work that needs to be done," said Dr. Claire Boccia Liang, director of the Women's Heart Program at Morristown Medical Center. "We know when women are educated and supported, and have access to high-quality cardiovascular care, they are more likely to have better outcomes. We are proud to continue working with WomenHeart to ensure our community is best supported from a medical and emotional standpoint."

"We are honored to partner with Morristown Medical Center this Heart Month to educate women about their greatest health threat," said Barbara Tombros, WomenHeart Board Chair. "WomenHeart supports, educates and advocates on behalf of the millions of women living with or at risk for heart disease. We couldn't do this work without partnering with hospitals like Morristown which is a member of our National Hospital Alliance."

Atlantic Health System's Women's Heart Program, available at Morristown Medical Center and Overlook Medical Center, provides gender-specific care for women with known or suspected heart disease, including:

- Arrhythmias
- Chest pain syndromes
- Coronary artery disease
- Valve disease, including mitral valve prolapse



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The Women's Heart Program at Morristown Medical Center doesn't stop at medical procedures. Hospital-based physicians work with cardiologists in the community to offer coordinated, continuous care. The program also provides a full spectrum of cardiac rehabilitation services and integrative medical approaches to lifestyle modification and risk reduction.

The WomenHeart support group meets on the second Thursday of every month in Morristown Medical Center from 2:00 to 4:00pm and 6:00-8:00pm.

For more information, please email or call 973-971-8811.

WomenHeart's mission is to improve the health and quality of life of women living with or at risk of heart disease, and to advocate for their benefit.

About Atlantic Health System

Atlantic Health System, headquartered in Morristown, N.J., is an integrated health care delivery system powered by a workforce of more than 16,500 team members and 4,800 affiliated physicians dedicated to building healthier communities. The system serves a population of five million, with over 400 sites of care, including six hospitals: Morristown Medical Center, Overlook Medical Center, Newton Medical Center, Chilton Medical Center, Hackettstown Medical Center and Goryeb Children's Hospital.

Atlantic Health System provides care for the full continuum of health care needs including 12 urgent care centers, Atlantic Rehabilitation and Atlantic Home Care and Hospice. Facilitating the connection between these services on both land and air is the transportation fleet of Atlantic Mobile Health.

In addition to the employed workforce, Atlantic Alliance, a Clinically Integrated Network, represents more than 2,500 health care providers throughout northern and central NJ. Atlantic Health System leads the Healthcare Transformation Consortium, a partnership of seven regional hospitals and health systems dedicated to improving access and affordability, and is a founding member of both the PIER Consortium – Partners in Innovation, Education, and Research – a streamlined clinical trial system that will expand access to groundbreaking research across six health systems in New Jersey and Pennsylvania and AllSpire Health Partners, a consortium of five leading health care organizations dedicated to serving patients, families and communities in New Jersey, New York, Maryland and Pennsylvania.

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