

WOMENHEART STATEMENT ON HRT

Recent reports in the media regarding hormone replacement therapy (HRT) and the risk of breast cancer have captured the attention of women and their health care providers.

WomenHeart: The National Coalition for Women with Heart Disease points out that these data are an extension of the Women's Health Initiative (WHI) trial and represent the results of continued follow-up of the health status of the original research participants. These data reinforce the existing FDA recommendation and the standard recommendation of most clinicians that hormone therapy be prescribed in the lowest dose effective and for the shortest time possible, primarily for women who have menopausal symptoms

Women and their health care clinicians should remain well informed, keep abreast of new developments, and make decisions based on how the current research applies to their specific case.

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